

# Baystrings

District 9  
California State Old-Time Fiddler's Association

District 9 (CSOTFA) is dedicated to preserving and enjoying authentic old-time music, providing a welcoming place for musicians of all levels to jam and perform, and passing down the traditions of old-time country, folk, and bluegrass music to our families, friends, and interested musicians.

## CSOTFA Contest Winners in Twin Open Fiddle



District 9 sponsored the Twin Open Fiddle contest

Winners - left to right

1st place Laura & Darin Smith

2nd place Johny McDonald & Holly Sternberg  
(both not shown)

3rd place Hughie Smith & Carissa Hall

4th place Kathy Kampschmidt (not shown) &  
Tallon Sandoval

5th place Dusty Williams & Christine Smith



Betty Hainley and Charley Oveland presented the awards for Twin Open Fiddle – and won some prizes themselves.



Registering contestants - Carol Clark from District 1, and Bruce Goble, John Durbin, and Ruth Oveland from District 9.

On March 19 and 20 at the CSOTFA State Fiddle Championship Contest in Oroville we enjoyed listening to a variety of fiddle playing from the very young Pee Wee (8 years and under) to the Senior-Senior (70 years or over).

Our very own Charley Oveland won third place in Senior Senior, receiving a medal and a money prize. Also Betty Hainley won a basket in the raffle.

It was wonderful to see so many young people having fun playing the fiddle.

-- John and Jean Kalvig

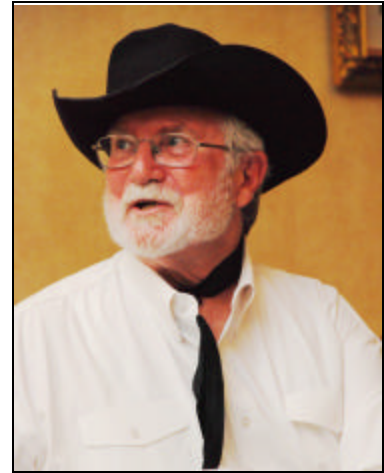
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# President's Message

Hello Everyone,

There was a time when even the best musicians in the world could not hit a lick on their instrument. Although they may have been blessed with a so-called natural ability, I assure you that when they woke each day they did not wait for things to just come to them.

Except for a tiny few aberrations, each had to work at it. They had to transfer their inner being to their chosen instrument. We call this practice.



In this issue of Baystrings, there is a list of rules of practicing from one of the most renowned musicians of our time. You may find this list to be a very useful list. It is never too early, and it is never too late to get better at what you love to do.

When you arrive at the jam, you'll be greeted at the main entrance by Jean Kalvig and Sharon Guthrie, who keep track of admission fees and handle information requests. Membership Secretary Jeannette Amick will sign you up as a member of District 9 if you're interested.

Due to a special Earth Day event on Sunday, April 25, please remember that we do not have access to the auditorium until 1:30 pm. Members of District 9 should always be respectful of any church activity in the auditorium. Entering before the church is finished with an event, or before 1:30 pm when something is going on, is inconsiderate. We have a very nice arrangement for our jams with Castro Valley United Methodist Church. Let's protect this arrangement.

If you are receiving this newsletter by regular mail, please send your e-mail address to me so that you can get the PDF version of Baystrings in full color, and get it a lot sooner. You can even print your own black and white or color copies from the PDF. You would also help save District 9 some time and money.

I really should go practice now. See you next time,

Ed Guthrie

## On Stage



Ralph Hendricks on dobro, Rich Stieg on banjo



Hubert Kallabis on accordion



Bob Siese on bass, Ralph Hendricks on dobro



Dueling Harmonicas!

John Helms and Tom Pearson

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## The 12 Rules of Practicing by Wynton Marsalis

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1. **Seek out private instruction.** It could take years to figure out what a good teacher can show you quickly.
2. **Write out a schedule.** Include fundamentals always.
3. **Set goals.** Chart your development. Challenge yourself.
4. **Concentrate.** Develop the ability to FOCUS. Do not just "go through the motions."
5. **Relax, Practice Slowly.**
6. **Practice Hard Parts Longer.** Confront your deficiencies.
7. **Play with Expression.** Give yourself over to what you are doing. Do everything with the proper attitude. Do not be a cynic. The expression you play with is your style.
8. **Learn from Your Mistakes.** Do not be too hard on yourself. Resolve to improve each day.
9. **Don't Show Off.** Expression, not tricks or gimmicks. Showing off misses the point of group playing.
10. **Think for yourself.** Respect your teacher, but think things through for yourself.
11. **Be Optimistic.** How you feel about living is who you are.
12. **Look for Connections.** The more you discover similarities in things that seem to be different, the greater the world you can participate in.

Taken from the PBS Series, *Marsalis on Music* (Part 4), where Wynton Marsalis talks with cellist Yo-Yo Ma about hating to practice, how to do it anyway, and how to do it correctly. **Wynton Marsalis** is an American musical icon and trumpeter extraordinaire, with honorary degrees from 31 prestigious universities. **Willie Nelson** is among the many notables who have performed with him.

## Other Fiddle Jams and Events in the Area



### Santa Clara Valley Fiddlers

First Sunday 1:00-5:00 pm  
Hoover Middle School  
1635 Park Ave., San Jose

### Spangler Jam in Hayward

Second Saturday 12:00-4:00 pm  
Georgian Manor Mobile Home Park  
1419 Buckingham Way, Hayward  
Edna Spangler 510-783-6144

### Welcome, First -Time Guests!

Raj Jariya .....  
Ralph Hendricks (dobro)..... San Ramon  
Rick Stieg (banjo)..... Pleasanton  
Bob Walter ..... Castro Valley

New Members - out-of-state folks  
join for the website play-alongs

Hubert Kallabis (accordion) Castro Valley  
Billy Smith (fiddle)..... Fremont  
Glen Wickizer..... Newark  
Brad Hawkins..... Oklahoma

### Corrections and Additions



The "bass guy"  
is Mike Pompa  
of Oakland



This is actually  
Rick Myers – you  
can tell by his  
Martin guitar!

### Who Won the Raffle?

50/50 raffle won by  
Al Teixeira



Picnic Basket won by  
Gloria Dinsdale



Music on raffle tickets by April Siese

Please submit pictures and articles to the newsletter by the 8<sup>th</sup> of the month

# CSOTFA District 9 Fiddle Jam

## Elected Officers

### President



Ed Guthrie  
510-659-0498  
[edguthrie@comcast.net](mailto:edguthrie@comcast.net)

### Vice-President



Joe Paviglianti  
510-581-2010

### Secretary

Dian Brown  
510-278-7180  
[db4marykay@aol.com](mailto:db4marykay@aol.com)

### Treasurer



Betty Hainley  
650-583-1762  
[hainleyj@comcast.net](mailto:hainleyj@comcast.net)

### Membership



Jeannette Amick  
510-782-7651  
[kimchee39@aol.com](mailto:kimchee39@aol.com)

This month's photos by  
John Kalvig, Don Amick,  
Doug Eads, Ruth Oveland

## CSOTFA District 9 Fiddle Jam

Fourth Sunday  
1:30-5:00 pm  
(potluck at 2:00 pm)  
United Methodist Church  
19806 Wisteria Street  
Castro Valley CA  
<http://www.csotfa9.org>

### Jam Dates in 2010

January 24  
February 28  
March 28

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April 25

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May 23  
June 27  
July 25  
August 22  
September 26  
October 24  
November 28  
December 12  
(second Sunday)

### Door Donation

First-time visitors Free  
CSOTFA Members \$3  
Non-members \$5

### Membership

Singles \$14  
Couples: \$16  
Children \$2

Membership dues to  
CSOTFA9  
c/o Jeannette Amick  
27188 Underwood Ave  
Hayward CA. 94544

## District Director



Ruth Oveland  
408-867-1814  
[roveland@sbcglobal.net](mailto:roveland@sbcglobal.net)

## Advisory Council



Don Amick  
510-782-7651  
[DAmick1599@aol.com](mailto:DAmick1599@aol.com)



David Aten  
510-582-1453  
[dleight10sr@att.net](mailto:dleight10sr@att.net)



John Helm  
510-782-5840

## Appointed Officers

### Website



Dave Dalton  
510-352-6251  
[dave@csotfa9.org](mailto:dave@csotfa9.org)

### Baystrings



Susan Calico  
510-540-8640  
[sc445-baystrings@yahoo.com](mailto:sc445-baystrings@yahoo.com)

# Baystrings

CSOTFA District 9  
42767 Everglades Park Dr.  
Fremont CA 94538-3926

ADDRESS CORRECTION REQUESTED



Finished reading the newsletter? Pass it on - and encourage your friends to join District 9.

## California State Old Time Fiddler's Association Membership Enrollment or Renewal Form

Join CSOTFA - District 9 and receive the Local and State newsletters! Fill out and mail this form with a check payable to CSOTFA District 9. You can get your newsletter in color if you sign up for email delivery.

Last Name \_\_\_\_\_

First Name \_\_\_\_\_

Spouse/Partner Name \_\_\_\_\_

Children & Ages \_\_\_\_\_

\_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Email \_\_\_\_\_

I prefer to receive *Baystrings* via email (in color!)

CSOTFA - District 9  
c/o Jeannette Amick  
27188 Underwood Ave.  
Hayward, Calif. 94544  
*Make check payable to CSOTFA District 9*

NEW     RENEWAL     CHANGE

Single \$14     Couple \$16

Child \$2.00 x \_\_\_\_\_ = \$ \_\_\_\_\_  
(Children must register with adult)

Total Enclosed \$ \_\_\_\_\_

\_\_\_\_\_  
Signature

Date \_\_\_\_\_